CONGRATULATIONS BIOLOGY AND ZOOLOGY GRADUATES!

Best of luck to you all!

Commencement information can be found here:
http://www.natsci.colostate.edu/current-students/graduation/

In this month’s newsletter:
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Page 3. Summer & Fall Course Information
Page 4. Tips for Final Exams

SUMMER IS ALMOST HERE!

Academic Support Coordinators will be available for appointments and over email during the summer. As always, appointments can be made online at:
http://www.biology.colostate.edu/undergraduates/schedule-an-appointment/
Academic Success Coordinators can provide limited types of overrides. For any type of override, you need to contact the department that offers the course you are trying to take. The Department of Biology can only assist with BZ and LIFE courses. For all other courses, you can look up the departments you need to contact online at: www.colostate.edu.

Only an instructor can override you into a course if you have not met the prerequisites or it is full. You may contact the instructor directly with those types of override requests, but they are rarely granted!
There are still seats open in a number of Biological Sciences and Zoology major courses this summer! Courses include:

**BZ 418**—Ecology of Infectious Diseases
*From Anopheles to Zika - an introduction to zoonotic diseases*

- Prerequisite: LIFE 320*
- *will be waived, considering GPA and other science courses completed - speak with an ASC about an override!

**BZ 418 is approved as follows:**
- Biological Science major:
  - Ecology - list B, Evolution, Genetics & Systematics, Microbiology, Integrative Organismal Biology - list B
- Zoology major:
  - Upper division zoology credit
- Zoology minor:
  - Ecology list

**BZ 476**—Genetics of Model Organisms
*Advanced topics in molecular and developmental genetics*

- Prerequisite: BZ 350, junior standing
- *this course only comes around in the fall of even numbered years!

**BZ 476 is approved as follows:**
- Biological Science major:
  - Cellular, Molecular, & Genetic Biology
- Zoology major:
  - Upper division zoology credit
- Zoology minor:
  - Genetics, Evolution, & Systematics

Are you sticking around Fort Collins this summer?
Consider taking a summer course!

*Benefits of summer courses include: getting ahead or back on track in your major, focusing on only one or two courses at a time, and the opportunity to take a course in a much smaller class setting than during the regular semesters.*

There are still seats in these exciting courses for fall 2016!
Study Tips

1. GET ENOUGH SLEEP
   so that your brain has the opportunity to consolidate new knowledge.

2. BREAK STUDY TIME INTO SMALL CHUNKS
   Space your learning over multiple days.

3. Know Your Body. Study when you are at your MOST ALERT.

4. TURN HEADINGS INTO QUESTIONS and read paragraph by paragraph for comprehension.

5. TEST YOURSELF FREQUENTLY when you study, so you can practice retrieving information.

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OH, YOU HAVE FINALS COMING UP?

I BET YOU'RE USING YOUR TIME WISELY.

BRING A SNACK
Studying on an empty stomach is a set up for failure. When we are hungry, we have a more difficult time maintaining focus and stamina. Eat beforehand, and bring snacks to munch on as you go.

SET REALISTIC GOALS
Mapping out a study plan for the day with specific goals can help you stay on track and feel less overwhelmed. It's best to overestimate the amount of time it will take to complete specific tasks or assignments.

REWARD YOURSELF
Once you meet a specific goal, allow yourself to eat your snack, text a friend, stretch your legs, or listen to music. Taking short breaks will help you maintain better stamina.

GET A STUDY BUDDY
...But only if this works for you. If you can find a friend who is committed to serious studying, then it might be helpful (and less lonely) to have a partner in crime.

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Practice on old exams
One of the most effective ways to prepare for exams is to practice taking past versions. This helps you get used to the format of the questions.